



Erie County Stay Fit Dining Program Ken Ton - June 2025

KENMORE COMMUNITY CENTER - 716.873.7500

Please Call Lunch in 24 Hours in Advance, or for Senior Van Pickup and Dropoff \$1



Monday	Tuesday	Wednesday	Thursday	Friday
June 2 Kielbasa & Chicken Potato Skillet California Mix Vegetables Green Beans Roll Fruit Crisp (638)	3 Cheesy Chicken & Broccoli Pasta Carrots Roll Tropical Fruit (666)	4 Lasagna with Meat Sauce Cauliflower Bermuda Blend Vegetables Ricotta Cookie (739)	5 Turkey a la King Mashed Potatoes Country Cottage Mix Vegetables Roll Berry Compote w/ Whip Topping (608)	6 Battered Fish with Tartar Sauce Red Potatoes Coleslaw with Shredded Carrots Roll Orange Dream Parfait (858)
9 Side Salad Cheese Ravioli with Tomato Vegetable Sauce & Mozzarella Cheese Peas Chef Salad with Dressing Dinner Roll Boston Cream Parfait (813)	10 Chicken Cordon Bleu with Hollandaise Sauce Orange Glazed Carrots Broccoli Rice Marble Cake (890)	11 Sliced Roast Beef with Low Sodium Gravy Sweet Potato Sweet & Sour Cabbage Stuffing Fruit Crisp (811)	12 Side Salad Veal Parmesan with Tomato Sauce & Mozzarella Cheese California Mix Vegetables Chef Salad with Dressing Penne Pasta Roll Pineapple (760)	13 Happy Father's Day Bratwurst with Baked Beans Roasted Potatoes Vegetable Medley Roll Red, White & Blue Parfait (933)
16 Chicken & Waffle with Syrup Red Potatoes with Green Peppers & Grated Carrots Warm Fruit Compote (714)	17 Beef Pepper Steak Casserole Bermuda Blend Vegetables Rice Roll Apple Tart (737)	18 Fajita Chicken over Rice with Black Bean & Tomato Salsa Broccoli Carrots Ginger Cookie (636)	19 Juneteenth Holiday No Meals Served	20 Garlic & Spinach Shrimp Roasted Italian Vegetables Cauliflower Pasta Italian Bread Pumpkin Cake (824)
23 Side Salad Swedish Meatballs with Low Sodium Sauce over Noodles California Mix Vegetables Chef Salad with Dressing Roll Apple Cake (804)	24 Honey Glazed Chicken Sweet Potato Lima Bean Bake Roll Banana Pudding (734)	25 Beef Stroganoff Over Rice Cauliflower Green Beans Homemade Cookie (726)	26 Homemade Goulash with Mozzarella Cheese Spinach Broccoli Italian Bread Homemade Cookie (788)	27 Low Sodium Ham Stead Scalloped Potatoes French Green Beans with Shredded Carrots Roll Fruit Crisp (679)
30 Sliced Turkey Breast with Low Sodium Gravy Mashed Potatoes Carrots Roll Apple Crisp (617)	July 1 Roast Pork Loin with Low Sodium Gravy Sweet Potato Collard Greens Stuffing Applesauce (623)	2 Hot Chicken Salsa Bake Red Potatoes with Green Pepper Capri Vegetable Blend Roll Brownie (804) *If you have a food allergy, please notify us.*	3 Independence Day Grilled Hamburger on a Roll with Baked Beans Sweet Potato Confetti Corn Apple Pie (984) **Menu is subject to change.**	4 Independence Day Holiday No Meals Served