



Erie County Stay Fit Dining Program Ken Ton - Standard
June 2024 - Kenmore Community Center - 716.873.7500
135 Wilber Ave. - Must Call 24 Hrs. In Advance - Ride \$1 Round Trip



Monday	Tuesday	Wednesday	Thursday	Friday
June 3 Homemade Goulash with Mozzarella Cheese Spinach Cauliflower Italian Bread Fruit & Yogurt Parfait (684)	4 Seasoned Chicken Strips with Pepper & Onion Oriental Vegetables Carrots Rice Roll Apricots (612)	5 Side Salad Lasagna with Meat Sauce California Mix Vegetable Chef Salad with Dressing Ricotta Cookie (764)	6 Turkey a la King Mashed Potatoes Country Cottage Mix Vegetables Roll Berry Compote with Whip Topping (593)	7 Battered Fish with Tartar Sauce Red Potatoes Coleslaw with Shredded Carrots Roll Boston Cream Parfait (876)
10 Cheese Ravioli with Tomato Meat Sauce Peas Seasoned Summer Squash Italian Bread Snicker Doodle Cookie (799)	11 Chicken Cordon Bleu with Hollandaise Sauce Orange Glazed Carrots Broccoli Rice Marble Cake (889)	12 Sliced Roast Beef with Gravy Sweet Potato Sweet & Sour Cabbage Stuffing Fruit Crisp (822)	13 Side Salad Boneless Breaded Chicken Breast with Tomato Sauce & Mozzarella Cheese California Mix Vegetables Chef Salad with Dressing Penne Pasta Roll Pineapple (659)	14 Happy Father's Day Bratwurst with Baked Beans Roasted Potatoes Vegetable Medley Roll Red, White & Blue Parfait (934)
17 Barbecue Chicken with Bacon & Cheese Rice Pilaf Broccoli Roll Orange (589)	18 Beef Pepper Steak Casserole Mixed Vegetables Rice Roll Tropical Fruit (612)	19 Juneteenth Holiday No Meals Served	20 Rotini with Italian Sausage & Tomato Sauce Cauliflower Mixed Vegetables Fruit & Yogurt Parfait (632)	21 Chicken with Low Sodium Gravy Egg Noodles Peas & Carrots Yellow Squash Homemade Cookie (730)
24 Swedish Meatballs Pasta Chef Salad with Dressing Wax Beans Roll Tropical Fruit (735)	25 Honey Glazed Chicken Sweet Potato Lima Bean Bake Roll Pudding (676)	26 Beef Stroganoff Over Rice Cauliflower Green Beans Homemade Cookie (724) **Menu subject to change**	27 Philly Macaroni & Cheese Broccoli Carrots Dinner Roll Orange Parfait (718)	28 Garlic and Spinach Shrimp over Pasta Roasted Italian Vegetables Italian Bread Cantaloupe (728)